



October 2017

K-8 Lunch 4 Week

Monday	Tuesday	Wednesday	Thursday	Friday
Fajita Style Chicken Black Beans Whole Grain Soft Tortillas Fruit <b style="float: right;">2	Chicken Parmesan Whole Grain Pasta Green Beans Fruit <b style="float: right;">3	French Toast w/veg sausage Home Fries Syrup Fruit <b style="float: right;">4	General Tso's Chicken Brown Rice Carrots Fruit Wheat Roll <b style="float: right;">5	Meatball Calzone Broccoli Fruit <b style="float: right;">6
Columbus Day! <b style="float: right;">9	Loaded Baked Potato w/Chicken Bacon, Cheese Whole Wheat Roll Fruit <b style="float: right;">10	BBQ Chicken Sandwich Whole Wheat Hamburger Bun Baked Beans Fruit <b style="float: right;">11	Baked Tomato Chili Chicken Brown Rice Carrots Fruit Wheat Roll <b style="float: right;">12	Whole Grain Cheese Pizza Broccoli Fruit <b style="float: right;">13
Chicken & Broccoli Alfredo Whole Grain Penne Broccoli Fruit <b style="float: right;">16	Hot Dog Whole Wheat Hot Dog Bun Fruit Baked Beans Ketchup & Mustard <b style="float: right;">17	Macaroni & Cheese Green Peas Wheat Roll Fruit <b style="float: right;">18	Breaded Chicken Sandwich Whole Wheat Hamburger Bun Carrots Fruit Ketchup <b style="float: right;">19	Cheese Tortellini w/Marinara Sauce Broccoli Fruit <b style="float: right;">20
Beef Tacos Whole Grain Soft Tortillas Corn Fruit <b style="float: right;">23	Turkey Meatballs w/Marinara Whole Grain Pasta Carrots Whole Wheat Roll Fruit <b style="float: right;">24	Chicken Nachos with Cheddar Cheese Salsa California Blend Vegetables Baked Tortilla Chips Fruit <b style="float: right;">25	Whole Grain Chicken Nuggets Baked Beans BBQ Dipping Sauce Fruit <b style="float: right;">26	Chicken & Cheese Calzone Broccoli Fruit <b style="float: right;">27
Fajita Style Chicken Black Beans Whole Grain Soft Tortillas Fruit <b style="float: right;">30	Popcorn Chicken Sweet & Sour Sauce Green Beans Fruit Whole Wheat Roll <b style="float: right;">31			