



# October 2017

## Cold K-8 Lunch 4 Week

Monday	Tuesday	Wednesday	Thursday	Friday
Turkey & Cheese  on Wheat Bread Potato Salad Fruit Mustard & Mayo  <b style="float: right;">2</b>	Chicken Club Wrap  Whole Grain Soft Tortillas Four Bean Salad Fruit  <b style="float: right;">3</b>	Turkey Ham & Cheese  Whole Wheat Hamburger Bun Carrot Sticks w/Ranch Dip Fruit Mustard & Mayo  <b style="float: right;">4</b>	Garden Salad  w/Hard Boiled Egg Pasta Salad Fruit Ranch Dressing  <b style="float: right;">5</b>	Egg Salad Sandwich  on Wheat Bread (2 slices) broccoli Florets w/ranch dip Fruit  <b style="float: right;">6</b>
Columbus Day!      <b style="float: right;">9</b>	Chicken Caesar Salad Wrap  Whole Grain Soft Tortillas Four Bean Salad Fruit  <b style="float: right;">10</b>	Turkey Ham & Cheese  on Wheat Bread (2 slices) Carrot Sticks w/Ranch Dip Fruit Mustard & Mayo  <b style="float: right;">11</b>	Chef Salad (eggs, turkey & cheese)  Pasta Salad Fruit Ranch Dressing  <b style="float: right;">12</b>	Roast Beef Sandwich  Whole Wheat Hamburger Bun broccoli Florets w/ranch dip Fruit  <b style="float: right;">13</b>
Turkey & Cheese  on Wheat Bread (2 slices) Potato Salad Mustard & Mayo Fruit  <b style="float: right;">16</b>	Chicken Club Wrap  Whole Grain Soft Tortillas Four Bean Salad Fruit  <b style="float: right;">17</b>	Turkey Ham & Cheese  Whole Wheat Hamburger Bun Carrot Sticks w/Ranch Dip Fruit Mustard & Mayo  <b style="float: right;">18</b>	Garden Salad  w/Hard Boiled Egg Pasta Salad Fruit Ranch Dressing  <b style="float: right;">19</b>	Chicken Salad Sandwich  on Wheat Bread (2 slices) broccoli Florets w/ranch dip Fruit  <b style="float: right;">20</b>
Turkey & Cheese  Whole Wheat Hamburger Bun  Potato Salad Fruit Mustard & Mayo  <b style="float: right;">23</b>	Chicken Caesar Salad Wrap  Whole Grain Soft Tortillas Four Bean Salad Fruit  <b style="float: right;">24</b>	Turkey Ham & Cheese  on Wheat Bread (2 slices) Carrot Sticks w/Ranch Dip Fruit Mustard & Mayo  <b style="float: right;">25</b>	Chef Salad (eggs, turkey & cheese)  Pasta Salad Fruit Ranch Dressing  <b style="float: right;">26</b>	Tuna Salad Sandwich  Whole Wheat Hamburger Bun broccoli Florets w/ranch dip Fruit  <b style="float: right;">27</b>
Turkey & Cheese  on Wheat Bread Potato Salad Fruit Mustard & Mayo  <b style="float: right;">30</b>	Chicken Club Wrap  Whole Grain Soft Tortillas Four Bean Salad Fruit  <b style="float: right;">31</b>			

City Fresh Foods, Inc may use Milk, Eggs, Fish, Shellfish, Soy, Treenuts & Wheat in its meal development & production. City Fresh Foods is a Peanut-free facility. Before placing meal orders please determine whether any anticipated consumers have a food allergy and specifically notify City Fresh Foods of the potential allergen requirements at the time that the order is placed. In accordance with Massachusetts General Law and Regulations, before placing your order, please inform your server if a person in your party has a food allergy.