



April 2017

Vegetarian K-8 School Menu w/8oz Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Veggie Burger Whole Wheat Hamburger Bun Rice and Beans Fruit Ketchup 3	Three Bean Chili w/shredded cheddar Green Beans Fruit Baked Tortilla Chips 4	Macaroni & Cheese Green Peas Fruit 5	Veggie Fritter w/ Tomato Dipping Sauce Brown Rice Pilaf Carrots Fruit 6	Cheese Tortellini Broccoli Fruit w/Marinara Sauce 7
Veggie Pie Wheat Bread Carrots Fruit 10	Veggie Carbonara Whole Grain Pasta Fruit with Peas Wheat Bread 11	Garden Salad Hard Boiled Egg Wheat Roll Fruit 12	Falafel Hummus Pita Bread Fruit 13	Whole Grain Cheese Pizza Broccoli Fruit 14
Egg & Cheese Sandwich Brown Rice & Beans Ketchup Fruit 17	Veggie Fritter w/ Tomato Dipping Sauce Green Beans Fruit Wheat Bread 18	French Toast Veg Breakfast Sausage Hash Brown Syrup Fruit 19	Vegetarian Curry Brown Rice Pilaf Carrots Fruit 20	Cheese Lasagna Broccoli Fruit 21
Veggie Burger Whole Wheat Hamburger Bun Home Fries Fruit Ketchup 24	Falafel Hummus Fruit Pita Bread 25	Three Bean Chili w/shredded cheddar Mixed Vegetables Fruit Baked Tortilla Chips 26	Stuffed Shells w/Marinara Sauce Carrots Fruit 27	Whole Grain Cheese Pizza Broccoli Fruit 28