



March 2017

Vegetarian K-8 School Menu w/8oz Skim or 1% Milk

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| 27 | 28 | Teriyaki Glazed Tofu Brown Rice Corn Fruit 1 | Bean & Cheese Burrito Carrot Coins Fruit 2 | Whole Grain Cheese Pizza Broccoli Fruit 3 |
| Veggie Pie Carrot Coins Wheat Roll Fruit String Mozzarella Cheese 6 | Cheese Tortellini w/Marinara Sauce Broccoli Fruit Wheat Bread 7 | Falafel Hummus Pita Bread Fruit 8 | Veggie Carbonara Whole Grain Pasta Green Peas Fruit 9 | Three Bean Chili w/shredded cheddar Baked Tortilla Chips Green Beans Fruit 10 |
| Veggie Burger Whole Wheat Hamburger Bun Home Fries Fruit Ketchup 13 | Whole Grain Baked Pasta w/Mozzarella Broccoli Fruit Wheat Bread w/Marinara Sauce 14 | Macaroni & Cheese Carrots Fruit 15 | Veggie Fritter w/ Tomato Dipping Sauce Brown Rice & Beans Fruit 16 | Whole Grain Cheese Pizza Broccoli Fruit 17 |
| Bean & Cheese Burrito Corn Fruit 20 | Egg & Cheese Sandwich Broccoli Fruit Ketchup 21 | Eggplant Meatballs w/Marinara Whole Grain Pasta Green Beans Fruit 22 | Falafel Fruit Hummus Pita Bread 23 | Whole Grain Cheese Pizza Carrots Fruit 24 |



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| Eggplant Parmesan Whole Grain Pasta Carrots Fruit 27 | French Toast Veg Breakfast Sausage Hash Brown Syrup Fruit 28 | Tofu & Vegetable Stirfry Black Beans & Corn Brown Rice Fruit 29 | Veggie Burger Green Beans Whole Wheat Hamburger Bun Fruit Ketchup 30 | Cheese Pizza Broccoli Fruit 31 |