



March 2018

K-8 Lunch 4 Week

Monday	Tuesday	Wednesday	Thursday	Friday
26	27	28	Whole Grain Chicken Nuggets BBQ Dipping Sauce Mixed Vegetables Fruit	Cheese Quesadilla w/Sour Cream Carrots Fruit
BBQ Drum Sticks Mashed Potatoes Whole Grain Roll Fruit	Hot Dog (Beef) Whole Wheat Hot Dog Bun Baked Beans Fruit Ketchup & Mustard	Macaroni & Cheese Green Peas Whole Grain Roll Fruit	Chicken Nachos with Cheddar Cheese Baked Tortilla Chips Carrots Fruit	Meatball Calzone Broccoli Fruit
5	6	7	8	9
Turkey Meatball Sub w/Marinara Whole Grain Sub Roll Broccoli Fruit	Beef Tacos w/Cheese Whole Grain Soft Tortilla Black Beans Fruit	Tangerine Chicken Brown Rice Green Peas Fruit Whole Grain Roll	Turkey Burger Whole Wheat Hamburger Bun Carrots Fruit Ketchup	Whole Grain Cheese Pizza Mixed Vegetables Fruit
12	13	14	15	16
Chicken Parmesan w/Marinara Sauce Whole Grain Pasta Broccoli Fruit	Chili Mango Drum Sticks Brown Rice Green Peas Fruit	Crispy Chicken Whole Grain Waffle Sweet Potato Home Fries Fruit w/Syrup	Fajita Style Chicken Rice Bowl Black Beans & Brown Rice Fruit	WG Turkey-Pepperoni Pizza Carrots Fruit
19	20	21	22	23
Breaded Chicken Sandwich Whole Wheat Hamburger Bun Baked Beans Fruit Ketchup	Hamburger Whole Wheat Hamburger Bun Home Fries Fruit Ketchup	Turkey Bolognese Pasta w/Parmesan Cheese Pasta Carrots Fruit	Nut-Free Pesto Cheese Tortellini Broccoli Whole Grain Roll Fruit	Whole Grain Cheese Pizza Green Beans Fruit
26	27	28	29	30