

April 2018

K-8 Lunch 4 Week

Monday	Tuesday	Wednesday	Thursday	Friday
BBQ Drum Sticks	Turkey Meatball Sub w/Marinara	Chicken Nachos with Cheddar Cheese	BBQ Texas Burger w/Onion Rings	WG Turkey-Pepperoni Pizza
Brown Rice	Whole Grain Sub Roll	Baked Tortilla Chips	Whole Wheat Hamburger Bun	Broccoli
Green Peas	Carrots	Black Beans	Green Beans	Fruit
Juice	Fruit	Fruit	Fruit	
Fruit			Ketchup	
2	3	4	5	6
Whole Grain Chicken Nuggets	Beef Macaroni & Cheese	Turkey Tacos w/Cheese	Curry Chicken	Chicken Parmesan w/ Marinara Sauce
Mixed Vegetables	Carrots	Whole Grain Soft Tortillas (2)	Brown Rice	Whole Grain Pasta
Fruit	Whole Grain Roll	Black Beans	Green Beans	Broccoli
w/BBQ Sauce	Fruit	Fruit	Fruit	Fruit
9	10	11	12	13
Honey Mustard Chicken Wrap	Meatball Calzone	Cheese Quesadilla	Turkey Burger	Whole Grain Cheese Pizza
Whole Grain Soft Tortilla	Green Peas	Broccoli	on Whole Wheat Hamburger	Carrots
broccoli Florets w/ranch dip	Fruit	Fruit	Baked Beans	Fruit
Fruit		w/Sour Cream	Fruit	
			Ketchup	
16	17	18	19	20
Cheese Tortellini Alfredo	Turkey Bolognese w/Parmesan Cheese	Crispy Chicken	Fajita Style Chicken Rice Bowl	Mini Corn Dogs
Broccoli	Whole Grain Pasta	Whole Grain Waffle	Brown Rice	Vegetable Medley
Fruit	Green Peas	Sweet Potato Fries	Black Beans	Fruit
	Fruit	Fruit	Fruit	
		Syrup		
23	24	25	26	27
Breaded Chicken Sandwich				
Whole Wheat Hamburger Bun				
Carrots				
Juice				
Ketchup				

City Fresh Foods | P.O. Box 255698 | Dorchester, MA 02125

30

Menu subject to change

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