February 2018

K-8 Lunch 4 Week

Monday	Tuesday	Wednesday	Thursday	Friday
29	**30**	**31**	Whole Grain Chicken Nuggets BBQ Dipping Sauce Broccoli Fruit **1**	WG Turkey-Pepperoni Pizza Carrots Fruit **2**
BBQ Drum Sticks Mashed Potatoes Whole Grain Roll Fruit **5**	Hot Dog Whole Wheat Hot Dog Bun Fruit Baked Beans Ketchup & Mustard **6**	Macaroni & Cheese Green Peas Wheat Roll Fruit **7**	Chicken Nachos with Cheddar Cheese Baked Tortilla Chips Carrots Fruit **8**	Cheese Quesadilla w/Sour Cream Broccoli Fruit **9**
Beef Tacos w/Cheese Whole Grain Soft Tortillas Black Beans Fruit **12**	Turkey Meatball Sub w/Marinara Whole Grain Sub Roll Broccoli Fruit **13**	Breaded Chicken Sandwich Whole Wheat Hamburger Bun Home Fries Fruit Ketchup **14**	Nut-Free Pesto Cheese Tortellini Carrots Fruit **15**	Tangerine Chicken Brown Rice Cabbage Whole Wheat Roll Fruit **16**
President's Day! **19**	Winter Break! **20**	Winter Break **21**	Winter Break **22**	Winter Break **23**
Fajita Style Chicken Black Beans Whole Grain Soft Tortillas Fruit **26**	Beef Tips w/Onions & Mushrooms Brown Rice Broccoli Fruit **27**	Hamburger Whole Wheat Hamburger Bun Home Fries Fruit Ketchup **28**		

City Fresh Foods | P.O. Box 255698 | Dorchester, MA 02125

Menu subject to change

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City Fresh Foods, Inc may use Milk, Eggs, Fish, Shellfish, Soy, Treenuts & Wheat in its meal development & production. City Fresh Foods is a Peanut-free facility.
Before placing meal orders please determine whether any anticipated consumers have a food allergy and specifically notify City Fresh Foods of the potential allergen requirements at the time that the order is placed.
In accordance with Massachusetts General Law and Regulations, before placing your order, please inform your server if a person in your party has a food allergy.