



April 2017

K-8 School Lunch Menu served w/8oz Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Caribbean Chicken Brown Rice & Beans Wheat Bread Fruit 3	Asian Rice Bowl w/ Chicken & Stir Fry Veggies Fruit 4	Macaroni & Cheese Green Peas Fruit 5	Breaded Chicken Sandwich Carrots Whole Wheat Hamburger Bun Fruit Ketchup 6	Cheese Tortellini w/Marinara Sauce Broccoli Fruit 7
Rosemary Chicken Brown Rice Green Beans Wheat Bread Fruit 10	Meatballs w/Marinara Whole Grain Pasta Carrots Wheat Bread Fruit 11	Chicken Nachos with Cheddar Cheese Salsa Corn Baked Tortilla Chips Fruit 12	Whole Grain Chicken Nuggets Baked Beans BBQ Dipping Sauce Fruit 13	Whole Wheat Pizza Broccoli Fruit 14
Jerk Chicken Brown Rice & Beans Wheat Bread Fruit 17	Shepherd's Pie Wheat Bread Fruit 18	Teriyaki Chicken Brown Rice Wheat Bread Carrots Fruit 19	Roast Chicken w/ Gravy Brown Rice Pilaf Green Peas Fruit Wheat Roll 20	Pasta w/Meat Sauce Broccoli Fruit 21
Hamburger Whole Wheat Hamburger Bun Home Fries Fruit Ketchup 24	Chicken & Broccoli Alfredo Whole Grain Pasta Fruit 25	BBQ Chicken Sandwich Whole Wheat Hamburger Bun Brown Rice & Beans Fruit 26	Chicken Parmesan Whole Grain Pasta Carrots Fruit 27	Whole Grain Cheese Pizza Broccoli Fruit 28