



November 2017

Cold K-8 Lunch 4 Week

Monday	Tuesday	Wednesday	Thursday	Friday
30	31	Turkey Ham & Cheese Whole Wheat Hamburger Bun Carrot Sticks w/Ranch Dip Fruit Mustard & Mayo 1	Garden Salad w/Hard Boiled Egg Pasta Salad Fruit Ranch Dressing 2	Egg Salad Sandwich on Wheat Bread (2 slices) broccoli Florets w/ranch dip Fruit 3
Turkey & Cheese Whole Wheat Hamburger Bun Potato Salad Fruit Mustard & Mayo 6	Chicken Caesar Salad Wrap Whole Grain Soft Tortillas Four Bean Salad Fruit 7	Turkey Ham & Cheese on Wheat Bread (2 slices) Carrot Sticks w/Ranch Dip Fruit Mustard & Mayo 8	Chef Salad (eggs, turkey & cheese) Pasta Salad Fruit Ranch Dressing 9	Veterans Day! 10
Turkey & Cheese on Wheat Bread (2 slices) Potato Salad Mustard & Mayo Fruit 13	Chicken Club Wrap Whole Grain Soft Tortillas Four Bean Salad Fruit 14	Turkey Ham & Cheese Whole Wheat Hamburger Bun Carrot Sticks w/Ranch Dip Fruit Mustard & Mayo 15	Garden Salad w/Hard Boiled Egg Pasta Salad Fruit Ranch Dressing 16	Chicken Salad Sandwich on Wheat Bread (2 slices) broccoli Florets w/ranch dip Fruit 17
Turkey & Cheese Whole Wheat Hamburger Bun Potato Salad Fruit Mustard & Mayo 20	Chicken Caesar Salad Wrap Whole Grain Soft Tortillas Four Bean Salad Fruit 21	Turkey Ham & Cheese on Wheat Bread (2 slices) Carrot Sticks w/Ranch Dip Fruit Mustard & Mayo 22	Thanksgiving Holiday! 23	Holiday! 24
Turkey & Cheese on Wheat Bread Potato Salad Fruit Mustard & Mayo 27	Chicken Club Wrap Whole Grain Soft Tortillas Four Bean Salad Fruit 28	Turkey Ham & Cheese Whole Wheat Hamburger Bun Carrot Sticks w/Ranch Dip Fruit Mustard & Mayo 29	Garden Salad w/Hard Boiled Egg Pasta Salad Fruit Ranch Dressing 30	