



April 2019
K-8 Menu

Delivering health one meal at a time!

Monday	Tuesday	Wednesday	Thursday	Friday
Whole Grain Chicken Nuggets Baked Beans Fruit BBQ Dipping Sauce 1	Whole Grain Macaroni & Cheese Mixed Vegetables Fruit 2	BBQ Chicken Drumstick Whole Grain Brown Rice Green Beans Fruit 3	Whole Grain Chicken Enchilada w/Tomato Sauce Brown Rice & Beans Corn w/Peppers Fruit 4	WG Turkey Pepperoni Pizaa Carrots Fruit 5
Turkey & Cheese Panini on Whole Grain Panini Potato Wedges Fruit 8	Whole Grain Cheese Quesadila Black Beans & Corn Fruit w/Sour Cream 9	Chicken Alfredo Whole Grain Pasta Broccoli Fruit 10	Scrambled Eggs Sweet Potato Homefries WG Biscuit Fruit Ketchup 11	Whole Grain Cheese Pizza Green Beans Fruit 12
Whole Grain Cheese Enchilada w/Tomato Sauce Brown Rice & Beans Corn w/Peppers Fruit 15	Popcorn Chicken Whole Grain Brown rice Broccoli Fruit Sweet & Sour Sauce 16	Steak & Cheese Bomb w/Whole Grain Sub Roll Sweet Potato Wedges Fruit 17	Chicken Teriyaki Drumstick Whole Grain Brown Rice Mixed Vegetables Fruit 18	WG Turkey-Pepperoni Pizza Green Peas Fruit 19
Chicken Parmesan Whole Grain Pasta Broccoli Fruit 22	Turkey Burger Whole Wheat Hamburger Bun Baked Beans Fruit Ketchup 23	Beef Taco w/Cheddar Cheese Whole Grain Soft Tortilla Corn w/Red Peppers Fruit 24	Honey Mustard Chicken Drumsticks Whole Grain Brown Rice Carrots Fruit 21	Whole Grain Cheese Pizza Mixed Vegetables Fruit 26
Turkey Meatball Sub w/Marinara Whole Grain Sub Roll Broccoli Fruit 29	Chicken Nachos WG Baked Tortilla Chips Mixed Vegetables Fruit 30			