



# March 2017 Allergen Free

Monday	Tuesday	Wednesday	Thursday	Friday
		Chicken Creole  Roasted Sweet Potato Corn  Fruit	Roast Chicken w/ Okra & Mushrooms  White Rice  Fruit Green Beans	Meat Sauce w/ GF Pasta   Broccoli  Fruit
<b>27</b>	<b>28</b>	<b>1</b>	<b>2</b>	<b>3</b>
Roast Turkey w/ Gravy  Brown Rice Green Peas Fruit	Chicken and Broccoli w/ Marinara & GF Pasta   Fruit	Roast Pork w/Gravy  Rice Pilaf Green Beans Fruit	Chicken w/ Marinara and GF Pasta  Green Peas  Fruit	Chicken w/ Peppers and Onions  Yellow Rice Green Beans Fruit
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
Baked Tomato Chili Chicken  Roasted Sweet Potato   Fruit Spinach	Chicken and Broccoli w/ Marinara & GF Pasta   Fruit	Beef Chili  Baked Tortilla Chips Mixed Vegetables Fruit	Rosemary Chicken  Rice Pilaf Green Beans  Fruit	Arroz con Carnitas (Beef)   Broccoli  Fruit
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
Chicken Creole  Brown Rice Broccoli Fruit	Pulled Pork  Roasted Sweet Potato Green Beans  Fruit	Chicken w/ Marinara and GF Pasta  Corn  Fruit	Roast Chicken w/ Gravy  Brown Rice Fruit Broccoli	Stewed Beef  White Rice Green Peas  Fruit
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>



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Braised Chicken w/Jicama Lime Slaw  Rice and Beans Green Peas Fruit  <div style="text-align: right;"><b>27</b></div>	Meat Sauce w/ GF Pasta  Spinach Fruit  <div style="text-align: right;"><b>28</b></div>	BBQ Chicken  Mixed Vegetables Roasted Sweet Potato Fruit  <div style="text-align: right;"><b>29</b></div>	Roast Turkey w/ Gravy  Rice & Chic Peas Green Beans  Fruit  <div style="text-align: right;"><b>30</b></div>	Caribbean Chicken  Brown Rice Broccoli Fruit  <div style="text-align: right;"><b>31</b></div>