CITY FRESH FOODS
Delivering health one meal at a time

September 2017
Cold K-8 Lunch 4 Week

Monday	Tuesday	Wednesday	Thursday	Friday
28	**29**	**30**	**31**	Turkey & Cheese Sandwich on Wheat Bread (2 slices) broccoli Florets w/ranch dip Fruit **1**
Labor Day! **4**	Chicken Club Wrap Whole Grain Soft Tortillas Four Bean Salad Fruit **5**	Turkey Ham & Cheese Bulkie Roll Carrot Sticks w/Ranch Dip Fruit Mustard & Mayo **6**	Garden Salad w/Hard Boiled Egg Pasta Salad Fruit Ranch Dressing **7**	Egg Salad Sandwich Bulkie Roll broccoli Florets w/ranch dip Fruit **8**
Turkey & Cheese Whole Wheat Hamburger Bun Potato Salad Fruit Mustard & Mayo **11**	Chicken Caesar Salad Wrap Whole Grain Soft Tortillas Four Bean Salad Fruit **12**	Turkey Ham & Cheese on Wheat Bread (2 slices) Carrot Sticks w/Ranch Dip Fruit Mustard & Mayo **13**	Chef Salad (eggs, turkey & cheese) Pasta Salad Fruit French Dressing **14**	Roast Beef Sandwich Whole Wheat Hamburger Bun broccoli Florets w/ranch dip Fruit **15**
Turkey & Cheese on Wheat Bread (2 slices) Potato Salad Mustard & Mayo Fruit **18**	Chicken Club Wrap Whole Grain Soft Tortillas Four Bean Salad Fruit **19**	Turkey Ham & Cheese Bulkie Roll Carrot Sticks w/Ranch Dip Fruit Mustard & Mayo **20**	Garden Salad w/Hard Boiled Egg Pasta Salad Fruit Ranch Dressing **21**	Chicken Salad Sandwich on Wheat Bread (2 slices) broccoli Florets w/ranch dip Fruit **22**
Turkey & Cheese Whole Wheat Hamburger Bun Potato Salad Fruit Mustard & Mayo **25**	Chicken Caesar Salad Wrap Whole Grain Soft Tortillas Four Bean Salad Fruit **26**	Turkey Ham & Cheese on Wheat Bread (2 slices) Carrot Sticks w/Ranch Dip Fruit Mustard & Mayo **27**	Chef Salad (eggs, turkey & cheese) Pasta Salad Fruit French Dressing **28**	Tuna Salad Sandwich on Wheat Bread (2 slices) broccoli Florets w/ranch dip Fruit **29**

City Fresh Foods | P.O. Box 255698 | Dorchester, MA 02125

Menu subject to change

Phone 617-606-7123 | Fax 617-606-7126

City Fresh Foods, Inc may use Milk, Eggs, Fish, Shellfish, Soy, Treenuts & Wheat in its meal development & production. City Fresh Foods is a Peanut-free facility.
Before placing meal orders please determine whether any anticipated consumers have a food allergy and specifically notify City Fresh Foods of the potential allergen requirements at the time that the order is placed.
In accordance with Massachusetts General Law and Regulations, before placing your order, please inform your server if a person in your party has a food allergy.